

CAREER POSSIBILITIES

The course will help students build their soft skills, helping them to become work ready: 78% of teenagers say that the skills they'd gained from a Sports Leaders' UK course could be used in the workplace (Source: Institute of Voluntary Research, February 2015).



THE PROGRAMME

Sports Leaders Level 3 now is a nationally recognised qualification (worth 16 UCAS points), that enables successful learners to independently lead purposeful and enjoyable sport/physical activity. The key content is based on developing leadership skills applying them to sport/physical activities to a range of participants with differing needs. There is 60 hours of tutored time, 30 hours of voluntary leadership time and 36 hours of home study, giving a Total Qualification Time (TQT) of 126 hours. The Sports Leaders will all complete the following units:

- Developing leadership skills
- Plan, lead and evaluate a sports/physical activity event
- Lead safe sport/physical activity sessions
- Plan, lead and evaluate sport/physical activity sessions for children

Then complete two units from the following:

- Plan, lead and evaluate sport/physical activity sessions in the community
- Plan, lead and evaluate sport/physical activity sessions for disabled people
- Plan, lead and evaluate sport/physical activity sessions for older people

WHY STUDY THIS SUBJECT?

- A fun and practical course that focuses on leading rather than technical ability.
- Potential stepping stone into employment, further education or training.
- A good foundation to progress onto other Sports Leaders' UK awards or qualifications and/or a National Governing Body award.
- Develops generic leadership skills that will be vital in other areas of life.
- Allows those who are not sports superstars to take a full and active role in sport and physical activity.
- Increased self-confidence that comes through taking responsibility for own and others' learning and enjoyment.
- Develop spiritual, moral, social and cultural awareness
- Gain 16 UCAS points on completion of HSL3 (...the same number of tariff points as an E Grade at A Level!)